

Abundant Living: The Keys to Spiritual Fullness

Facilitator Instructions: *The words in italic are possible answers you are looking for as you lead the discussion. Give a number of people time to answer the questions before you try to answer the question. Also, always have group members look up the Scriptures in their Bibles while one group member reads.*

As you lead the discussion, be open to the Holy Spirit and what He is doing during the meeting. You may never get beyond one or two questions if they are provoking a great discussion. It may also be that someone in the group needs important ministry because of what the discussion opened in their heart. Take the time to allow the Holy Spirit to minister the person through your group members.

Ice Breaker: What is the greatest value that guides your life? Why?

Facilitator: *Please have someone read the following Scripture and then ask the question.*

John 10:10 (NKJV) *The thief does not come except to steal, and to kill, and to destroy. I have come that they may have life, and that they may have it more abundantly.*

- **Do you believe you are living the abundant life that Jesus spoke of? Why or Why not?**

Facilitator: *Please have someone read the following Scriptures and then ask the question.*

Ecclesiastes 6:3 *If a man begets a hundred children and lives many years, so that the days of his years are many, but his soul is not satisfied with goodness, or indeed he has no burial, I say that a stillborn child is better than he;*

Ecclesiastes 5:10 *He who loves silver will not be satisfied with silver; nor he who loves abundance, with increase. This also is vanity.*

- **What do these two scriptures point out concerning the abundant life?**

These two Scriptures point out very clearly the peril of an empty soul and how vain it is to put your trust in the things of the world and carnal pleasures.

Facilitator: *Please share the following and then ask the question.*

As Christians, who have been born again by God's Spirit, it is foolish to trust in the empty things of this life. In order to be truly satisfied in this life we must invest our lives in those things that have eternal value rather than those things that are of temporal value.

- **Do you think that God wants you to enjoy life and the pleasures of life?**

In contrast to having an empty soul, I believe it is God's deepest desire for each of us to experience God meeting our deepest needs with a spiritual fullness that flows from His being. His desire is to bring us into a place of spiritual fullness.

Facilitator: *Please have someone read the following Scripture and then ask the question.*

Psalm 36:8 *They are abundantly satisfied with the fullness of Your house, and You give them drink from the river of Your pleasures.*

- **When you see or hear the words "Spiritual Fullness," what are some of the things that come to your mind?**

Facilitator: *Please share the following blessings that come from walking in the Fullness of God's blessings and then ask the question below.*

The Fullness of God's blessing constitutes the following:

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|----------------------|-------------------------|-----------------|
| Joy | Wisdom & Understanding | Divine Guidance |
| God's Presence | Freedom from Guilt | Healing |
| Finances & Needs Met | Emotional needs | Righteousness |
| Spiritual Rest | Knowledge of God's Will | Peace |

- **How do these attributes play out in your life?**

Vital Keys to Receiving God's Fullness:

- **What do you think some of the vital keys to receiving God's Fullness are as you read the following Scriptures?**

Facilitator: *Go through these Scriptures one at a time and have your group discuss what each one has to do with abundant living and receiving God's fullness.*

Matthew 5:6 *Blessed are those who hunger and thirst for righteousness, for they shall be filled.*

Psalm 143:6 *spread out my hands to You; My soul longs for You like a thirsty land.*

"To long after God" implies in the Hebrew **"to seek greedily."** It is a very aggressive word. This would involve intensive prayer and fasting on occasions in addition to your regular times of prayer and worship. Personal and corporate worship are ways of thirsting after God.

1 Corinthians 14:4 *He who speaks in a tongue edifies himself, but he who prophesies edifies the church.*

Jude 1:20 *But you, beloved, building yourselves up on your most holy faith, praying in the Holy Spirit,*

Psalm 1:1-3 *Blessed is the man who... delights in the law of the LORD, And in His law he meditates day and night. ³He shall be like a tree Planted by the rivers of water, that brings forth its fruit in its season, Whose leaf also shall not wither; And whatever he does shall prosper.*

Malachi 3:10 *"Bring all the tithes into the storehouse, That there may be food in My house, And try Me now in this," Says the LORD of hosts, "If I will not open for you the windows of heaven And pour out for you such blessing That there will not be room enough to receive it.*

Luke 6:38 *"Give, and it will be given to you: good measure, pressed down, shaken together, and running over will be put into your bosom. For with the same measure that you use, it will be measured back to you."*

Acts 3:19 *"Repent therefore and be converted, that your sins may be blotted out, so that times of refreshing may come from the presence of the Lord,*

Facilitator: *Concluding thoughts to share.*

We have seen that it is God's desire that we as born again Christians walk in the spiritual fullness that causes us to experience an abundant life in Him. His desire as we have seen is to abundantly satisfy us with the fullness of His house. It's up to us to drink and be filled with the Holy Spirit, who brings us His fullness into our lives.

It is when we fail to drink from His fullness that we experience added demonic activity in our lives. If our lives are full of God and His goodness, Satan doesn't stand much of a chance with us. So let's drink up and experience all that God has for us.

Ministering Purpose and Prayer: *Spend time praying for one another in any of the areas that were covered in the lesson that they might be struggling with.*