

Spiritual Awakening

By Ken Birks, Pastor, Teacher, Author

Ephesians 5:14–16 *“Therefore, He says: ‘Awake, you who sleep, arise from the dead, and Christ will give you light.’ See then that you walk circumspectly, not as fools but as wise, redeeming the time, because the days are evil.”*



Spiritual awakening begins with a call to rise that breaks the silence. Throughout

Scripture, there are moments that feel less like gentle invitations and more like trumpet blasts cutting through the fog. Ephesians 5:14–16 is one of those moments. It confronts us, shakes us, and summons us into a higher realm of spiritual awareness. It is as if God Himself leans over the edge of eternity and declares: “Awake, you who sleep... and Christ will give you light.”

This is not poetic imagery—it is a divine summons. A wake-up call to the soul. A command to rise from spiritual dullness and step into the blazing clarity of Christ’s light. It carries urgency, anticipation, and holy expectation, because something is unfolding in our world, and God wants His people fully awake to see it.

Paul’s words are not casual counsel; they are prophetic marching orders. He urges believers to shake off spiritual lethargy, to cast aside complacency, and to rise with renewed clarity. When he says, “redeeming the time, because the days are evil,” He is not trying to frighten us—He is trying to focus us.

This passage invites honest reflection:

- Am I spiritually awaking or drifting through life unaware of the spiritual realities around me?
- Has the enemy lulled me to sleep through distractions, comforts, or subtle compromises?

- Will my lamp be burning when Christ returns, or will I be found dozing in the shadows?

These are not questions of condemnation—they are questions of alignment, meant to awaken courage, clarity, and purpose.

Ephesians 5:14–16 is a call to the Church of Jesus Christ to awaken and recognize the urgency of the season we are in. Our world is shaking. Darkness is no longer hiding; it is bold, loud, and aggressive. The spirit of lawlessness is not creeping—it is marching. And while Satan and his forces are wide awake, too many believers are spiritually drowsy, unaware of the hour in which we live.

But God is stirring His people. He is calling His Church to rise with discernment, boldness, and Spirit-empowered vigilance. This is not a season for casual Christianity. It is a season for awakened sons and daughters who walk with intentionality, clarity, and holy fire.

To “walk circumspectly” means living fully awake shaped by precision, awareness, and Spirit-led intentionality. It is the opposite of drifting. The opposite of reacting. The opposite of living on autopilot.

Circumspect living is marked by vigilance—seeing beyond the surface, recognizing spiritual currents, and staying alert. It is also marked by diligence—choosing carefully, living purposefully, and refusing careless compromise.

Many believers today treat life as if it were a spiritual playground, shaped more by emotion and culture than by divine wisdom. But in this critical hour, God calls His people to treat each day as a divine assignment, not a random sequence of hours. We are called to moral integrity that stands firm in purity and righteousness even as the world grows darker.

The posture of someone who is spiritually awake is one who sees clearly, walks wisely, and lives intentionally—eyes enlightened, heart awakened, and spirit fully engaged in the work of God as seen in the Scripture below.

Ephesians 1:17-19 “that the God of our Lord Jesus Christ, the Father of glory, may give to you the spirit of wisdom and revelation in the knowledge of Him, the eyes of

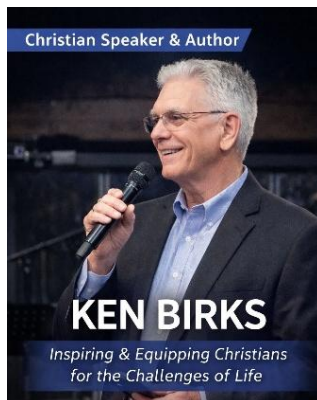
your understanding being enlightened; that you may know what is the hope of His calling, what are the riches of the glory of His inheritance in the saints, and what is the exceeding greatness of His power toward us who believe, according to the working of His mighty power”

Paul’s prayer reveals the inner transformation required for awakening: “The eyes of your understanding being enlightened...” Awakening is not merely emotional; it is revelatory. It is the Spirit opening our eyes to the hope of God’s calling, the riches of His inheritance, and the greatness of His power toward us. To be awakened is to see what God sees, hear what God is saying, and move where God is leading. It is to become a vessel of His light in a world drowning in confusion.

Therefore, as we choose to be fully awakened in this hour, we must remember awakening is not a one-time event; it is a daily rising. Every morning, God calls us again, inviting us to step out of spiritual sleep, shake off complacency, and walk in the radiant clarity of Christ’s light.

This is your moment. Your hour. Your call to arise. A fully awakened believer lives with holy alertness, spiritual urgency, and anticipation—refusing to sleep through the hour in which God is calling His people to rise.

About Ken Birks



Ken Birks has walked with God through seasons of quiet wonder, deep refining, and unexpected grace — journeys that have shaped both his faith and voice. From early moments of sensing God’s nearness to years of learning to listen more closely, Ken has discovered that the Lord often speaks in whispers, rhythms, and poetic impressions.

Out of those sacred encounters came a desire to write — not to impress, but to invite. To invite others into the same stillness, the same clarity, the same holy encouragement that has carried them through life’s valleys and mountaintops. His devotional poetry and other writings flow from a heart that has wrestled, worshiped, and been transformed by God’s presence.

Today, Ken writes to help fellow believers pause, breathe, and rediscover the treasures God longs to place within them. Ken’s hope is simple: that every reader will feel the Father’s nearness, hear His voice more clearly, and walk with renewed courage into the calling He has lovingly prepared.